



PSHE Termly Overview

Term: Autumn
Year: 7
Teacher: Ms Zainab Bukhari

What will we be covering this term?

Being Me: My New School

The students will learn the skills of how to settle into new and potentially intimidating environments. This unit will be assessed by project-based homework.

- New school
- Influences
- Decision-making
- Identity
- Friendships
- Reflections and Targets

British Values: Individual Liberty and Mutual Respect

Half term 2

Puberty and Hygiene

This unit will focus on the emotional and physical changes that occur during puberty and investigating some of the strategies that they can use to help them through this stage.

- Puberty: Physical Changes
- Puberty: Emotional Changes
- Personal Hygiene
- Age of responsibility - UK Law and Islamic concept of baaligh
- Rites of Passage (inc intercultural understanding and FGM)

British Values: Rule of Law, Individual Liberty and Mutual Respect



Teacher's Marking Key:

- Literacy codes - Literacy Codes are used throughout.
- EBI - WWW - Even Better If and What Went Well comments after extended piece of work/marking.
- Purple Pen - If Students redraft the same piece of work, then students/teachers use Purple Pen to make comments to work that is to be redrafted.

How will my child be assessed this term?

Your child will be assessed in each unit in a variety of ways including project work, homework, reflections, presentations and display work.

The notes they take down in class are for their information only and will not be marked. Teacher assessment will be used alongside peer and self assessment for any assessed work.

How can I help my child in this subject?

- Encouragement, praise, ensuring that they do their homework; and checking their diaries.
- Encouraging them to read around the subject.
- Their notes must be in order; discipline is essential.
- Ensure homework is complete; you can track students' homework assignments at <https://www.showmyhomework.co.uk>

Resources

- Most resources are unit-specific and shared with students during the lessons.
- Rise Above from Public Health England has a range of resources suitable for PSHE <https://campaignresources.phe.gov.uk/schools/topics/rise-above/overview>

Communications

Who do I contact if I have concerns about my child's progress in this subject?

Please feel free to contact us at the school from 9.00-15:00 if you have any questions or concerns or contact me by email

zainab.bukhari@alkhairschool.org.uk





PSHE Termly Overview

Term: Spring
Year: 7
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What will we be covering this term?

Half Term 1 & 2

Healthy Living

The children will be looking at what a healthy lifestyle looks like and how to maintain them. There will also be looking at other ways of keeping themselves safe and healthy such as sun care and cancer awareness.

- Healthy Living: Diet
- Healthy Living: Exercise
- Staying Healthy

British Values: Individual Liberty, Tolerance and Mutual Respect

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PSHE Termly Overview

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Year: 7
Teacher: Ms Zainab Bukhari

What will we be covering this term?

Half Term 1

Friendship and Bullying

The students will look at the characteristics of good friendships and how to maintain them along with how to identify and break a toxic relationship (platonic). Students will also explore what bullying is, why it occurs and how to deal with it in real life and online.

- Healthy Friendships
- Maintaining Friendships
- Real Life Bullying
- Online Bullying

British Values: Tolerance and Mutual Respect and Individual Liberty

Half Term 2

Money sense

The students will be learning to understand the differences between wants and needs and to be able to plan a budget that balances income and spending.

- Money & Choices
- Saving for a Rainy Day
- Needs and Wants
- Budgeting

British Values: Individual Liberty

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