



PSHE Termly Overview

Term: Autumn
Year: 9
Teacher: Ms Zainab Bukhari

What will we be covering this term?

Half Term 1

My Future, My Choices

The students will imagine their lives in 10 years time and work backwards considering what they need to implement in their lives now.

- Career choices
- Education choices
- Quality of Life
- Personality

Half term 2

Digital Citizenship and E-Safety

The students will be exploring the different dangers and how to stay safe online.

- Digital Citizenship and Cyberbullying
- Fake News - how to decipher
- Hate speech
- Dangers of using the internet – radicalisation, grooming and pornography (link to SRE)
- The internet as a place of support

British Values: Tolerance and Respect, Rule of Law and Individual Liberty

Teacher's Marking Key:

- Literacy codes - Literacy Codes are used throughout.
- EBI - WWW - Even Better If and What Went Well comments after extended piece of work/marking.



- Purple Pen - If Students redraft the same piece of work, then students/teachers use Purple Pen to make comments to work that is to be redrafted.

How will my child be assessed this term?

Your child will be assessed in each unit in a variety of ways including project work, homework, reflections, presentations and display work.

The notes they take down in class are for their information only and will not be marked. Teacher assessment will be used alongside peer and self assessment for any assessed work.

How can I help my child in this subject?

- Encouragement, praise, ensuring that they do their homework; and checking their diaries.
- Encouraging them to read around the subject.
- Their notes must be in order; discipline is essential.
- Ensure homework is complete; you can track students' homework assignments at <https://www.showmyhomework.co.uk>

Resources

- Most resources are unit-specific and shared with students during the lessons.
- Rise Above from Public Health England has a range of resources suitable for PSHE <https://campaignresources.phe.gov.uk/schools/topics/rise-above/overview>

Communications

Who do I contact if I have concerns about my child's progress in this subject?

Please feel free to contact us at the school from 9.00-15:00 if you have any questions or concerns or contact me by email

zainab.bukhari@alkhairschool.org.uk



PSHE Termly Overview

Term: Spring
Year: 9
Teacher: Ms Zainab Bukhari

What will we be covering this term?

Half Term 3

Healthy Body, Healthy Mind

This unit will give students a chance to investigate body image and where we get our ideas of body image from as well as possible consequences of a negative body image. They will also look into mental health and wellbeing.

- Body Image
- Eating Disorders
- Mental Health and Wellbeing

British Values: Tolerance and Respect

Half Term 4

Human Rights and Discrimination

The children will explore the history of Human Rights and their role to play in modern society. They will also look at what discrimination and racism are and how they can be combatted through education and legislation.

- Human Rights
- Discrimination and Prejudice
- Racism

British Values: Tolerance and Respect, Individual Liberty, Democracy and Rule of Law

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PSHE Termly Overview

Term: Summer
Year: 9
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What will we be covering this term?

Half Terms 5

Peer pressure

This unit will focus on peer pressure and how to tackle it, as well as the risks of not being assertive.

- Peer Pressure
- Risk
- Being assertive
- Knife crime
- County Lines

British Values: Rule of Law, Mutual Respect and Individual Liberty

Half Term 6:

Respect in a Relationship

This unit will focus on how to show respect in a relationship and what one can expect from a healthy relationship. They will also learn to identify signs of an unhealthy relationship and places to go for support.

- Abuse and Domestic Violence – inc. FGM
- Controlling and Threatening Behaviour (Coercive Control, Revenge porn)
- Misogyny
- Consent (inc sexting)
- Where to get support

British Values: Tolerance and Respect, Rule of Law and Individual Liberty



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