



PSHE Termly Overview

Term: Autumn
Year: 10
Teacher: Ms Zainab Bukhari

What will we be covering this term?

Mental Health and Healthy Relationships

This term, we will be exploring health and wellbeing; and healthy relationships.

Half Term 1

- Mental health and ill health
- Exploring stigma
- Safeguarding health; including during periods of transition or change

Half Term 2

- Relationship expectations
- Impact of media and pornography
- Exploring healthy relationships in other cultures and religions
- Learning about DASV

British Values: Individual Liberty, Tolerance and Respect, Rule of Law and Democracy

Teacher's Marking Key:

- Literacy codes - Literacy Codes are used throughout.



- EBI - WWW - Even Better If and What Went Well comments after extended piece of work/marking.
- Purple Pen - If Students redraft the same piece of work, and then students/teachers use Purple Pen to make comments to work that is to be redrafted.

How will my child be assessed this term?

Your child will be assessed in each unit in a variety of ways including project work, homework, reflections, presentations and display work.

The notes students make in class are for their information only and will not be marked. Teacher assessment will be used alongside peer and self-assessment for any assessed work.

How can I help my child in this subject?

- Encouragement, praise, ensuring that they do their homework; and checking their diaries.
- Encouraging them to read around the subject.
- Their notes must be in order; discipline is essential.
- Ensure homework is complete; you can track students' homework assignments at <https://www.showmyhomework.co.uk>

Resources

- Most resources are unit-specific and shared with students during the lessons.
- Rise Above from Public Health England has a range of resources suitable for PSHE:
<https://campaignresources.phe.gov.uk/schools/topics/rise-above/overview>

Communications



Who do I contact if I have concerns about my child's progress in this subject?

Please feel free to contact us at the school from 9.00-15:00 if you have any questions or concerns or contact me by email on zainab.bukhari@alkhairschool.org.uk.