

YEAR 2 AUTUMN TERM 2021-2022

TEACHERS: MS UBAH MOHAMED / MS SHIFANI WAFEE

PE OVERVIEW

What will we be covering this term?

1st Half Term

Year 2 PE activities will revolve around the topic **Running and Jumping**. They will learn to travel at different speeds by walking, jogging, running and sprinting, and develop an understanding of when these speeds are most useful. By using different pathways and moving in different directions, the children will explore how to use working space in PE. The unit builds on the children's knowledge of jumping by looking at jumping for distance and height. It also gives your class time to explore a variety of other ways of jumping, apply these skills to jumping games and creating jumping sequences. The importance of landing safely after jumping is a key focus for the unit, and the children will learn the importance of landing steadily with control.

2nd Half Term

In the second half term, Children will enjoy playing **Gymnastics**. Children will learn to roll in different ways including introducing the skill of a crouched forward roll. They jump from a springboard and begin to do a handstand. Children develop body tension, control and balance. Moving with greater agility and coordination. Children learn to link actions to copy and create movement sequences, which they perform to each other, evaluate and improve. They

How will my child be assessed this term?

During the term there will be ongoing progress checks to ensure your child is gaining competence and confidence in the skills set required for the PE concept being taught.

Children will be encouraged to engage in competitive and cooperative physical activities in a range of challenging situations.

How can I help my child in this subject?

Encourage your child to be active by running outside and following a short exercise routine on a daily basis
Practise the skills learnt in lessons regularly
Engage in competitive sports and a broad range of physical activities