YEAR 3 AUTUMN TERM 2021-2022

TEACHERS: MS AFSHAN SIDDIQUI / MS AMINA DE BRUIN

PE OVERVIEW

What will we be covering this term?

1st Half Term: NETBALL

- Catch a ball and understand how to chest pass
- Bounce and overhead passes
- Footwork and pivoting
- Dodging techniques
- Marking
- Spacial awareness
- Shooting techniques
- Team work

2nd Half Term: Gymnastics

- Rolls and balances
- Jumps
- Movement using different body parts

How will my child be assessed this term?

During the term there will be ongoing progress checks to ensure your child is gaining competence and confidence in the skills set required for the PE concept being taught.

Children will be encouraged to engage in competitive and cooperative physical activities in a range of challenging situations.

How can I help my child in this subject?

Encourage your child to be active by running outside and following a short exercise routine on a daily basis
Practise the skills learnt in lessons regularly
Engage in competitive sports and a broad range of physical activities