

YEAR 6 AUTUMN TERM 2021-2022

TEACHERS: MRS NAVEED AHMED / MS NADIA NAZIM

PE OVERVIEW

What will we be covering this term?

1st Half Term - Cricket

The aim will be to play competitive games and apply basic principles suitable for attacking and defending

Children will be using and adapting the rules, strategies and tactics of cricket.

They will be applying and building on their knowledge of the basic principles of batting and fielding.

They will be developing their striking, fielding, throwing and catching skills to different heights in small and large games.

Children will practise and perfect their over and under arm throwing skills.

2nd Half Term - Gymnastics

The aim will be to develop flexibility, strength, technique, control and balance

Children will learn and understand how gymnastics promotes strength, power and suppleness.

They will make up a sequence and adapt it to different apparatus layouts along a combination of pathways.

They will learn how to make up own rules for longer, more complex sequences and adapt it to the equipment available.

Children will be encouraged to work individually and within a team as they

How will my child be assessed this term?

During the term there will be ongoing progress checks to ensure your child is gaining competence and confidence in the skills set required for the PE concept being taught.

Children will be encouraged to engage in competitive and cooperative physical activities in a range of challenging situations.

How can I help my child in this subject?

Encourage your child to be active by running outside and following a short exercise routine on a daily basis
Practise the skills learnt in lessons regularly
Engage in competitive sports and a broad range of physical activities